



EPHS Weekly Information Letter – Friday 3rd April 2026

Dear Parent/Carer,

We have reached the end of a wonderful Spring term, with lots of different events and trips, as you will see in the end of term newsletter.

As ever, safeguarding is of paramount importance here at school and that does not stop during the holidays. Please see the safeguarding section should you need to raise anything over the next 2 weeks.

We hope that everyone has a restful break and we will see you all back at school on Monday 20th April 2026 at 08:35.

Many thanks,
EPHS

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General Information

School contact number – 0161 507 6420

General email address – ephsgeneral@consilium-at.com

Attendance queries – attendanceephsgeneral@consilium-at.com

Heads of Year

Yr 7 Mrs L Hanbridge

Yr 8 Miss A Botham

Yr 9 Mr C Hutton

Yr 10 Mrs M Lewis

Yr 11 Mrs L Kavanagh

Safeguarding

Whilst school is closed over the holidays, here is some helpful information.

If you have any concerns in regard to a young person then please use the below contacts.

Our Safeguarding email address is: safeguarding.ellesmere@consilium-at.com and this is monitored regularly throughout the holidays.

The Bridge Partnership for child protection referrals –
tel: 0161 603 4500

Web: <https://childrensportalehm.salford.gov.uk/web/portal/pages/cpref#ssa>



Dear parent/carer,

Please find below a letter from Kooth about wellbeing support for students and families during the holiday period.

With the Summer break imminent, at Kooth Digital Health we appreciate there will be some young people who may struggle during the holidays without the access to the daily pastoral support, teaching staff and friends that the school community provides.

WE ARE STILL HERE.

Your child or young person can access [Kooth.com](https://kooth.com) for FREE, SAFE & ANONYMOUS support for their mental health. The registration process is quick and easy: simply select your location, month and year of birth, gender & ethnicity is optional, then create a username and password.

A large portion of our users on [Kooth.com](https://kooth.com) don't actually access it to speak with a professional. They are looking to develop their own independent skills to manage their mental health and stay mentally fit. A rainy day activity (let's face it, in Manchester, it's never far away from a rainy day) could be to sit and explore the wellbeing activities, articles or forums together.

If they do need to speak to us, it's a live, typed-out conversation with one of our practitioners. The support they receive is accredited by the BACP, ensuring they are receiving safe help and guidance. If they don't want to speak to us live, they can send us a message with a question, statement or looking for advice. We'll get back to them in the next couple of days.

[Kooth.com](https://kooth.com) is for anyone in Greater Manchester aged 10 -25.

In addition to [Kooth.com](https://kooth.com) in Greater Manchester, we also have our adult service, [Qwell.io](https://qwell.io).

[Qwell.io](https://qwell.io) is for anyone over the age of 18 in Greater Manchester.

Whether it's for you, your friends, family members or colleagues, you can access FREE, SAFE & ANONYMOUS support for their mental health.

Similarly to [Kooth.com](https://kooth.com), [Qwell.io](https://qwell.io) has access to self-help tools and resources, as well as live and non-live practitioner support via typed messages.

Both of these services are commissioned by the NHS in Greater Manchester, ensuring that quick, easy and accessible support for your mental health is available for CYP and adults across the region. People can create an account, explore for 10 minutes and never access it again. Likewise, people can access it daily. It's entirely up to you how you access it.

If you or your child need support this summer, please don't hesitate to speak with us.

Please find a selection of Parent/Carer resources that can be accessed using this link: [Parents/Carers resources](#) and If you have any questions or would like to discuss what [Kooth.com](https://kooth.com) can offer, please, simply email parents@kooth.com.

Kind Regards

Kooth

General School Reminders

Dinner money on Parent Pay

Please ensure you are regularly checking and topping up your child's Parent Pay accounts where applicable. You can set up low balance alerts if required to notify you when your account falls below a certain value. Parent Pay have also recently activated auto top-up, which will automatically top up by a specified amount when the balance runs low or on a weekly or monthly basis. Please be advised a meal, drink and dessert costs approximately £3.75 per day.



Punctuality

There has been a big increase in lateness over the last few weeks, having a significant impact on not just the individual's learning but also the school as a whole. Lateness can also impact your child's attendance percentage as often they will miss their morning mark. As we start the summer term, please encourage your child to aim to arrive at school on ensuring minimal disruption to the school day as well as giving your child the best learning opportunity for each day.

Uniform Standards

As a reminder, please make sure your child is coming to school with the correct uniform each day, this does not include false nails or false eyelashes.

Parents Evenings

The next parents evening will be for year 10 on Thursday 30th April 2026 between 4pm and 7pm. Please ensure you have registered with the Arbor App so that you can book appointments. The system will open for bookings on Thursday 23rd April 2026 at 10am.

The remaining parents evenings this year are as below.

11th June 2026 – Year 8

25th June 2026 – Year 7



Year 11 Spanish

Year 11 students taking Spanish, please be aware that the mock speaking exam will take place on Wednesday 29th April, while the real speaking exam will be on Wednesday 5th May.

Maths “Fix Up” Tasks – Years 7-10

Following their recent maths assessments, all students have now received feedback in class to help them understand what they did well and where they can improve.

On Sparx Maths, each student has been set a personalised “fix up” task. These tasks are designed specifically to target the questions they struggled with, giving them the opportunity to revisit and secure those key skills.

We are encouraging all students to take ownership of their learning by completing these tasks independently. Sparx provides helpful videos for each question, so students can access support if they are unsure how to get started.

Taking the time to reflect on mistakes and improve them is one of the most effective ways to make progress, and we expect all students to engage fully with this process.

Thank you for your continued support in encouraging your child to complete their fix up work.





Easter Activities for Children and Young People!

Children and young people aged four to 16 who are eligible for benefits related free school meals can enjoy a whole range of free, fun activities this Easter.

Funded by the Department for Education, Salford's Holiday Activity and Food (HAF) Programme offers support for families by providing free access to activities and healthy meals during the school holidays.

Whether it's arts and crafts, dance, sports, drama or more, Salford's #HAF2026 programme has something for every child! A wide range of fantastic local organisations are delivering age appropriate sessions across the city, giving children the chance to get involved, make friends, learn new skills and enjoy a nutritious lunch.

Find out more at www.salford.gov.uk/HAF

Chat Health

*Saving lives,
Improving lives*



Salford Care Organisation
Northern Care Alliance NHS Group

Chat Health

Chat Health is a confidential text messaging service that enables children and young people (aged 11-19) to contact their local school nursing team for confidential support 9am – 4.30pm, Mon – Fri (as from 2nd February 2026 this changes to 10 am- 6 pm).

You can get in touch for advice about any aspect of your physical or emotional Health or to get an appointment with your School Nurse.

The graphic is a dark red rounded rectangle. At the top left is a white speech bubble icon with three dots, followed by the text 'ChatHealth' in white. Below this, it says 'SEND A MESSAGE TO' in white, followed by the phone number '07312 263176' in large white font, and 'AND CHAT WITH A SCHOOL NURSE' in smaller white font. To the right is a black smartphone icon showing a chat interface with a blue speech bubble and a green speech bubble. Below the phone number is a QR code. To the right of the QR code is the text 'OR SCAN THE QR CODE' in white. At the bottom right is the text '@SalfordSchoolNurses' in white.

Children's Services : Empowered to Enable

Careers Updates



Year 10 Work Experience

A reminder to Year 10 students and parents that work experience placements must all be confirmed on the Morrisby Careers Platform as soon as possible.

We are aware some students and parents have had difficulty confirming placements, and we have extended our deadline to **Friday 25th April 2026**.

Work Experience is taking place for 5 days – Monday 13th – Friday 17th July 2026.

The website to record placements is – www.morrisby.com

All students have an individual login – their school email address and a password which they will have created.

Further details on work experience and how to use Morrisby are available on our website under the students section.

If students are struggling to access the Morrisby website, or finding it difficult to source a placement, please contact us at school.

Year 10 “Uni4U” Summer Schools

UNI:4U SUMMER SCHOOLS

Applications are still open for the GM Higher “Uni4U” University Summer Schools (Year 10 students only). Places are very limited! Any successful students will be contacted directly via GM Higher. **Closing date: Monday 6th April 2026**.

Please see link for details and to apply: <https://gmhigher.ac.uk/uni4u/>

Year 11 Apprenticeship Seekers



A reminder that we are starting to see local apprenticeship vacancies for Year 11 students to consider – please check Mr Farmer’s Apprenticeship Vacancy Board for any vacancies!

This is updated weekly and shows apprenticeships with a start date of July 2026 onwards within a 5 mile radius of school.

<https://padlet.com/simonfarmer1/2026-school-leaver-apprenticeships-pre-apprenticeships-train-d0kfsxm6rqid2qhd>

We expect further vacancies to be added in May/June towards the end of Year 11.

Careers Updates

Y11 – Seddon Construction Apprenticeships Available!

Seddon construction – with a local base in Bolton – are currently recruiting various construction trade apprenticeships. Year 11 students interested in a construction trade are welcome to apply! Please see website below (vacancies are also listed on Mr Farmer's apprenticeship vacancy board)



<https://seddon.co.uk/join-the-team/apprentices>

Thank you!

The Careers Team

New School Menu



WEEK ONE

ELLESMERE PARK HIGH SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Assorted Pizza	Beef Bolognese with Pasta	Spicy Chicken Taco's	Chunky Fish Finger Sub	Chicken Wrap
VEGETARIAN	Margarita Pizza	Veg Meatballs & Penne	Quorn Hot Pot	Chinese 5 Spice Vegetables with Rice	Quorn Nuggets
SIDES	Fries Salad	Garlic Bread Salad	Crispy Potatoes Seasonal Veg Gravy	Twister Fries Peas Beans Rice	Potato Wedges Salad
PASTA OF THE DAY	Tomato Sauce Chefs Choice	Tomato Sauce Pepperoni Sauce	Tomato Sauce Beef Bolognese	Tomato Sauce Chicken Italiano	Tomato Sauce Chefs Choice
JACKET POTATO	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna
WRAP OF THE DAY	Vegetable Biryani	Chicken Burrito	Sausage & Bean	Cheese & Bean	Chicken Fajita
DESSERT	Chocolate Brownie & Chocolate Sauce	Flapjack	Vanilla Sponge & Custard	Raspberry Ripple Cake	Friday Bake Off



WEEK TWO

ELLESMERE PARK HIGH SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pork Meatballs in Tomato Sauce with Spaghetti	Chicken Burger	Quiche Lorraine	Chilli Con Carne	Chicken Wrap
VEGETARIAN	Quorn Pasta Bolognese	Sweet Chilli Halloumi	Quorn Roast	Veggie Burger	New York Quorn Dog
SIDES	Garlic Bread Salad	Curly Fries Salad	Crispy Potatoes Seasonal Veg Beans	Rice Corn on the Cob Salad	Potato Wedges Salad
PASTA OF THE DAY	Tomato Sauce Chefs Choice	Tomato Sauce Beef Bolognese	Tomato Sauce BBQ Chicken	Tomato Sauce Pepperoni Sauce	Tomato Sauce Chefs Choice
JACKET POTATO	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna
WRAP OF THE DAY	Vegetable Biryani	Chicken Burrito	Sausage & Bean	Cheese & Bean	Chicken Fajita
DESSERT	Chocolate Brownie & Chocolate Sauce	Toffee Sponge	Jam Roly Poly & Custard	Sprinkle Cake	Friday Bake Off

New School Menu



WEEK THREE

ELLESMERE PARK HIGH SCHOOL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Sausages	Chicken Tikka Masala	Lasagna	Minced Beef & Onion Pie	Chicken Wrap
VEGETARIAN	Veggie Sausages	Red Pepper & Lentil Dhal	Vegetable Lasagna	Quorn Roast	Veggie Sausage Roll
SIDES	Mashed Potato Seasonal Veg Yorkshire Pudding Gravy	Rice Naan	Seasonal Veg Garlic Bread	Mashed Potato Seasonal Veg	Potato Wedges Salad
PASTA OF THE DAY	Tomato Sauce Chefs Choice	Tomato Sauce Beef Bolognese	Tomato Sauce Chicken Italiano	Tomato Sauce Chicken Arrabiata	Tomato Sauce Chefs Choice
JACKET POTATO	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna	Jacket Potato Beans Cheese Tuna
WRAP OF THE DAY	Chicken Fajita	Sausage & Bean	BBQ Pulled Chicken	Vegetable Burrito	Vegetable Biryani
DESSERT	Sprinkle Cake	Lemon Sponge	Syrup Sponge & Custard	Apple Crumble & Custard/Cream	Friday Bake Off